



GRAINS

Boxed cereals
Oatmeal
White Rice in 1 pound bag
Brown Rice in 1 pound bag
Barilla Whole Grain Pasta
Pasta (spaghetti penne macaroni)
Near East boxed Rice Mixes
Barley
Kasha

PROTEINS

Canned Tuna
Canned Salmon
Sardines
Peanut Butter (both crunchy and smooth)
Gefilte fish

VEGETABLES AND FRUITS (CANNED)

Baked beans
Garbanzo beans
Kidney beans
Black beans
Corn
Applesauce

BAKING NEEDS

Flour
White sugar
Brown sugar
Chocolate chips
Honey
Rice Cakes
Crackers

DRINKS

Grape Juice
Boxed Apple Juices
Apple Juice
Instant Coffee (reg and decaf)
Tea Bags (plain)

CONDIMENTS AND SAUCES

Ketchup
Mayonnaise
Mustard
Jelly
Marinara Sauce

MISCELLANEOUS FOOD

Canola Oil
Olive Oil
Macaroni and Cheese
Packaged soup mixes
Boxed Chicken Broth
Boxed Vegetable Broth
Nutella (or Israeli pareve equivalent)

All food needs to be kosher, in unopened, shelf stable containers, and well-within the use-by date.

